

## TRACK & FIELD COACHING DIPLOMA

For many years, the International Academy for Foreign Coaches of the German Athletics Association (Deutscher Leichtathletik-Verband, DLV) in Mainz has offered a top level coaching and development program for coaches in Athletics. The program is a joint effort of the DLV, the University of Mainz and the Federal Foreign Office in Germany. The diploma awarded upon graduation from the Academy for Foreign Coaches has world wide recognition and is multiplicator in athletics both nationally and internationally.

### Informationen for Applicants

- ▲ Duration: **06/01/2020 – 07/31/2021**
- ▲ Opening date for applications: **1<sup>st</sup> October 2019**
- ▲ Cut off date for applications: **15<sup>th</sup> December 2019**
- ▲ Notification: End of January 2020
- ▲ Age limit: **40 years**

After an intensive language course over 4 months (no prior knowledge necessary!) the candidate starts with the theory and practice of athletics in german language. Graduates who have passed the exam will receive an Athletics Coaching Diploma and in addition a certificate from the IAAF.

### Application documents

Interested candidates are requested to apply through their respective German Embassy/Consulate. The application documents (originals only) must reach Mainz till **15. December 2019**. You will find the correct mailing address below. **Attention:** age limit for applicants is 40 years. The following document are necessary:

- ▲ Complete application form (see attachment)
- ▲ Medical Certificate (laboratory results not older than 3 months; the attached form must be marked with „confidential“)
- ▲ Recommendation/letter of support from the national athletic governing body
- ▲ 4 biometric photos
- ▲ Proof of personal experience as athlete, coach or teacher in track and field
- ▲ Copy of the passport/ID

During the application process it is possible to get an invitation for a video interview. Please send with the application the actually contact details (email, mobile number, skype, whatsapp)

### Contents of the training course (in german language)

- ▲ Language course – 4 months intensive, afterwards accompanying the course)
- ▲ Theory and practice of athletics
- ▲ General human movement theory
- ▲ General training theory
- ▲ Sports medicine
- ▲ Sports psychology
- ▲ Phyiotherapeutic measures, first aid course
- ▲ Workshops/Excursions

